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SPRING 2019

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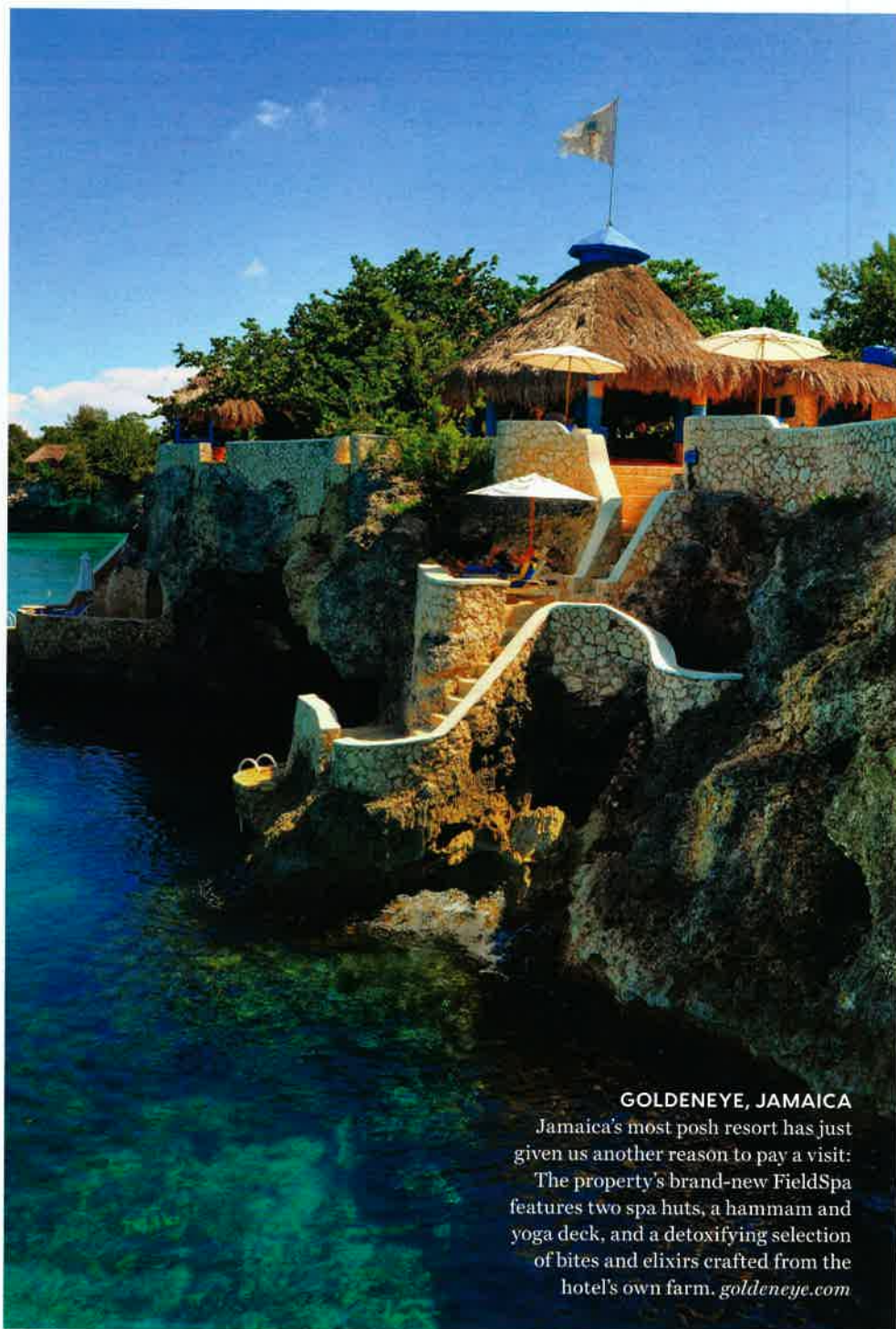


Destination: Luxury

Five spas that are worth a plane ride in 2019.
By Kim Peiffer



OMAANDA, NAMIBIA, AFRICA
Treatments at this picturesque resort in the heart of the Zannier Reserve are centered around its Namibian roots. The Spa Splendors Ritual (full-body polishing and aromatherapy massage) is as iconic a treatment as it gets, with a combination of traditional herbs and African gestures, making it an ideal indulgence after an intense safari day. zannierhotels.com/omaanda



GOLDENEYE, JAMAICA
Jamaica's most posh resort has just given us another reason to pay a visit: The property's brand-new FieldSpa features two spa huts, a hammam and yoga deck, and a detoxifying selection of bites and elixirs crafted from the hotel's own farm. goldeneye.com

**CHABLÉ MAROMA,
RIVIERA MAYA, MEXICO**

The expansive 17,000-square-foot spa at the new Chablé Maroma in Riviera Maya whisks guests away on three different treatment journeys: Flow, Balance, and Inspire. The Chablé Tree of Life Treatment offered during the Balance journey is meant to reflect on life's constant swing between polarities: thinking and feeling, waking and sleeping, acting and resisting. The 90-minute four-handed bioenergetic massage takes place beachside. chablemaroma.com





AMERICAN CLUB, KOHLER, WISCONSIN

The Midwest's only Forbes Five-Star and AAA Five-Diamond resort hotel just took its highly acclaimed spa to a new level, debuting a massive expansion featuring 13 new treatment rooms, poolside relaxation spaces, a health-conscious café, and, most notably, two new water-based services: the Thermal Hydro Body Wrap and the Cascading Waterfall Massage. Both treatments feature the spa's trademark Kohler custom Vichy shower, with the latter representing the brand's first massage to use hydrotherapy techniques. americanclubresort.com

RITZ-CARLTON, CAYMAN ISLANDS

A new year often brings a desire for a detox from head to toe, so the timing couldn't be better for the debut of a new treatment at the La Prairie Spa at the Ritz-Carlton, Grand Cayman. The purifying Platinum facial offers exquisite haute rejuvenation using the brand's new Platinum Rare Cellular Life-Lotion (\$655, laprairie.com) and includes stimulating the lymphatic system to help detoxification by addressing pressure points on the legs and arms (that, in addition to a heavenly facial that will leave your skin feeling like a baby's bottom). ritzcarlton.com

