

CADILLAC

MAGAZINE

A WELL-DRIVEN LIFE

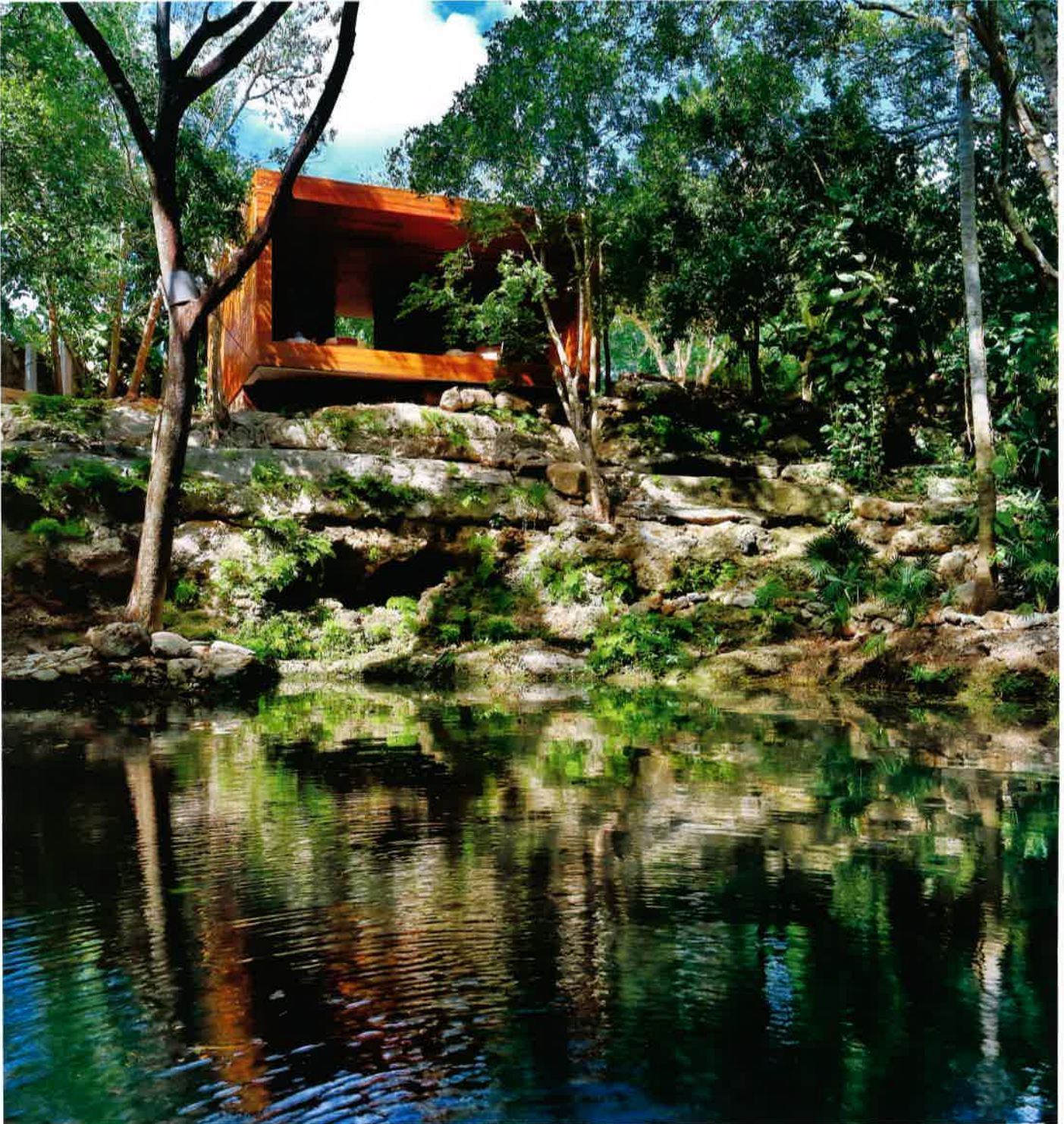
INTO THE DEEP

SKIING'S HOLY
GRAIL—JAPAN

DATA DOCTOR
DR. MARCUS ELLIOTT
KNOWS YOUR BODY
BETTER THAN YOU DO

SECOND ACT
ONE-ON-ONE WITH
ANA ASENSIO,
HOLLYWOOD'S
NEWEST AUTEUR

VOLUME 4
ISSUE 2



HEALING WATERS The Mayans considered freshwater cenotes to be sacred, spiritual places. At Chablé, a chic new resort on Mexico's Yucatán peninsula, one such sinkhole provides a spectacular setting for a holistic Mayan-themed spa with 15 treatment rooms, a saltwater floatarium, and three *temazcals*, where you can undergo cleansing rituals with a shaman. The property's 38 casitas and two villas are scattered on 750 lush acres with a restored hacienda as a social hub. And if your idea of health and wellness involves wining and dining, you can indulge in gourmet Mexican cuisine and sample from a specially curated list of tequilas. chableresort.com —LAURIE KAHLE